



# ACTIPRO

## FOLDING PEDAL EXERCISER



Pedal and strap to allow upper limb and lower limb usage



Rotate handle to increase or decrease tension of the rotation device



Press in button to fold item into a compact size for easy storage



Thick base plates to ensure stability when in use

# ACTIPRO

## FOLDING PEDAL EXERCISER INSTRUCTIONS



### STEP 1

Unfold to use by pulling each leg all the way open until the push button pops to lock in place



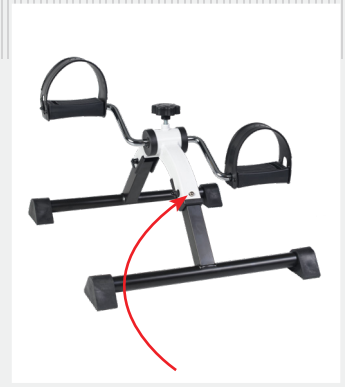
### STEP 2

Ensure all 4 base plates are straight and stable on a flat surface



### STEP 3

Rotate handle to increase or decrease tension of the rotation device



### STEP 4

Fold to store by pushing and hold the push button on both legs and bend each leg to fold for storage

## USAGE FOR ARMS OR LEGS



## FOR SAFETY

- Consult your doctor before starting any exercise program
- Keep children away from Pedal Exerciser while in use
- **Do Not** wear loose clothing that could become caught or trapped during exercise
- Ensure all 4 base plates are on a stable surface
- Capacity: 150 lbs / 68 kg

## MAINTENANCE

- Regularly check to see all the nuts, bolts and fittings are securely tightened. Periodically, check all moving parts for signs of wear or damage
- Clean with a dry cloth. **Do Not** use solvent cleaners

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